



The Winter Springs Police Department
Will be holding basic Women's Personal Safety classes

The dates are:

Saturday, February 7, 2009

Saturday, June 20, 2009

Saturday, August 29, 2009

Saturday, October 17, 2009

And

Tuesday, March 31, 2009 and Thursday, April 2, 2009

(This is a 2 night class from 6pm to 10pm)

All classes will be held at the Winter Springs Police Department and the Saturday classes are from 10am to 6pm. Classes are open to **women only ages 12 and up**. **Class size limited to 15**. Classes are designed to give women crime prevention and personal safety tips and teach you how to lessen your chances of becoming a "target".

There is a \$20 per person fee for the class to cover materials. Fee must be paid prior to the class date.

We will also be offering Advanced Women's Personal Safety classes which cover ground fighting. These classes will be offered on Saturday, April 11, 2009 and Saturday, August 1, 2009. These will also be held at the Winter Springs Police Department from 10am-6pm. You must have completed our basic class to participate in the advanced. **The advanced class is limited to 10 participants and is \$20 per person.**

If you would like more information or to register please contact Cpl. Allison Smith at 407-327-7955 or email at asmith@winterspringsfl.org.